

## 11. TAKE IT TO A NEW LEVEL

Assessing our learning is also about exploring the limits of our competences. Knowing to what extent we can perform a certain task or apply a certain skill is important to gain a realistic view about our abilities. So after assessing what your participants have learned, it is time to ask how far they are from being a Master Yoda.



### GROUP SIZE

Any



### DURATION

30 minutes

### RESOURCES & PREPARATION (SPACE, MATERIAL, EQUIPMENT, PEOPLE)



- Handout
- Pen



### OBJECTIVES

- To help participants discover the limits of their competences.
- To obtain a creative overview of their competences

### DESCRIPTION OF THE METHOD STEP BY STEP



step 1

- Ask participants to write down three things they learned during their learning experience (e.g., youth exchange, volunteering project or training course).

Introduce the exercise by explaining:

“After assessing what you know (e.g., I know how to work in a team) you may want to question in what situations you are good at it.”

Instruct participants to

1. note down one competence they believe they have developed at the top of the handout;
2. read the questions on the handout (see below) and answer those that they find triggering or inspiring.

#### DEBRIEFING QUESTIONS

- How did you feel during the exercise?
- Did it help you in any way?
- Can you apply the same exercise to other competences you have developed?
- Now you have done the exercise, what would you write differently in your Youthpass?

#### THINGS TO KEEP IN MIND



This exercise encourages participants to think outside of the box. This can confuse them as to its purpose. Some youth workers find it easier to explain this before the exercise starts, so the participants can cope with the questions that may seem strange to them.

#### CREATED BY

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step 2

step 3





# Competence:



Could I do this for NASA?

Could I do this alone?

Could I be a hero in this?

Could I do this on the moon?

Could I do this with blind people?

Could I do this without preparation?

Could I do this in the desert?